isa in stitches

PATTERN SHEET

NAME	SIZE RANGE	DIFFICULTY	ON SOCIAL
	34/XS-48/4XL	●●○	#

FIT

- Round neck
- Double-layered front
- Long sleeves
- 2 gathered panels at the front
- Bodysuit with thong back

to be added later...

SEWING NOTIONS

- Sewing jersey
- Finishing edges
- Snap buttons
- Gathering
- Sewing lingerie elastics

FABRIC RECOMMENDATIONS

- Type of fabric: jersey.

- Fibers: the pattern was developped with viscose jersey with 5% of elastan. This is therefore the perfect fabric.
You could also use: bamboo jersey with 5% elastan, some synthetic fibers with elastan, close to swimwear fabrics. I would avoid cotton jersey because 1) it's a bit dry to the touch while viscose is more slippery, thus creating better pleats at the gathered front panels. 2) the stretch is firmer than viscose: it'll feel tighter.

- gsm: around 230 gsm.

OTHERS SUPPLIES

- Lingerie elastic for leg opening (see measurments below)
- Little snap buttons x2

		34/XS	36/S	38/M	40/L	42/XL	44/2XL	46/3XL	48/4XL
Lingerie elastic Total estimated length	CM	120	126	132	138	144	150	156	164
	IN	48	50	52	55	57	59	62	65

SEWING TUTORIALS

Copy paste the link to watch the video tutorial:
https://youtu.be/PWvEcdaMpfY

PDF SEWING PATTERNS 101

Click the image to watch this video where I answer the most frequent questions I receive from you guys.

https://youtu.be/04OuggUOgME

- How to download my pattern?
- How to print correctly?
- What's A0/A4/letter?
- How to assemble the pattern pages?
- How to correctly pick my size?

And other treats...

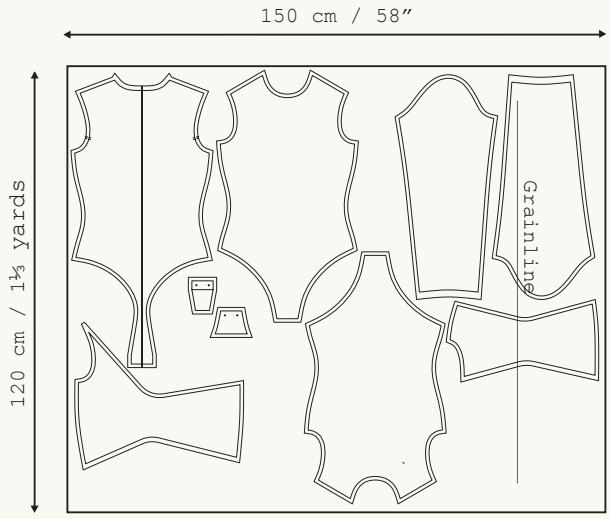


FABRIC COST

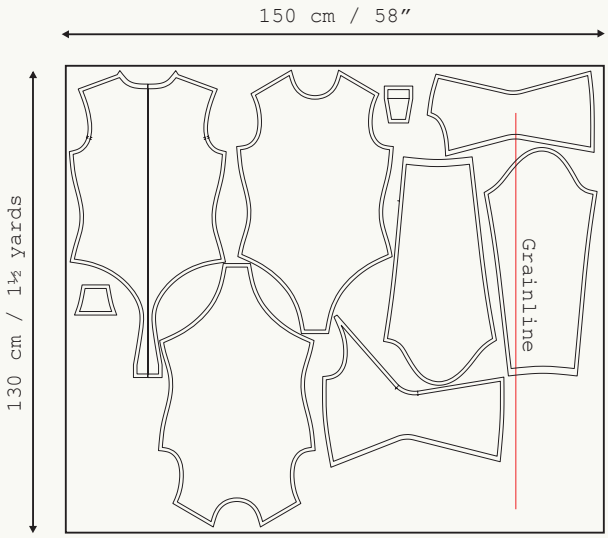
FABRIC YARDAGE

		34/XS	36/S	38/M	40/L	42/XL	44/2XL	46/3X	48/4XL
	Width	Yardage/length							
METERS	115 cm	1m50	1m50	1m60	1m90	1m90	2 m	2 m	2 m
	150 cm	1m20	1m20	1m30	1m30	1m45	1m45	1m60	1m60
YARDS	45″	1¾ yds	1¾	1¾	2	2	2¼	2¼	2¼
	58″	1⅓ yds	1⅓	1½	1½	1⅔	1⅔	1¾	1¾

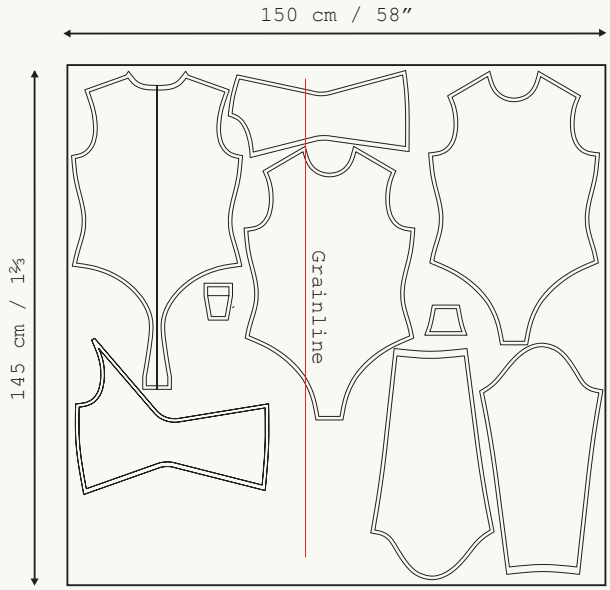
CUTTING PLAN SIZE 36/S



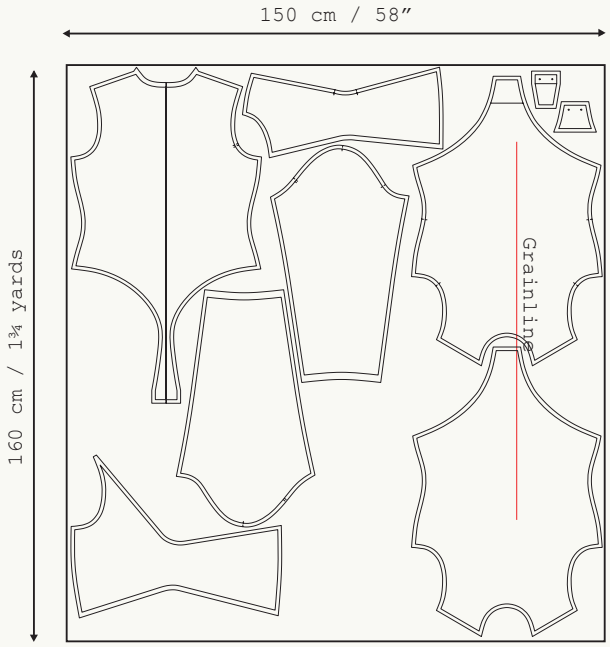
CUTTING PLAN SIZE 40/L



CUTTING PLAN SIZE 44/2XL



CUTTING PLAN SIZE 48/4XL

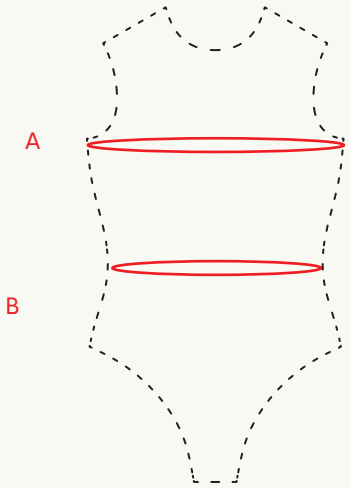


SIZE CHART

Height 168 cm /5.6 ft. Lengthen garment if you're taller.

EU size		34	36	38	40	42	44	46	48
INTL size		XS	S	M	L	XL	XXL	3XL	4XL
Please no matter your "usual size", always take your measurements and pick the size corresponding to them. Indeed, the measurements composing each size differ depending on the brands and regional standards.									
Bust	cm	80	84	88	92	96	100	104	110
	in	31½	33	34½	36¼	37¾	39¼	41	43¼
Waist	cm	62	66	70	74	78	82	86	92
	in	24½	26	27½	29¼	30¾	32¼	33¾	36¼
Hips	cm	86	90	94	98	102	106	110	116
	in	33¾	35½	37	38½	40¼	41¾	43¼	45¾

GARMENT MEASUREMENTS



Negative ease at bust is 7-8 cm / 2-3"

Negative ease at waist is 1 cm / 0.4"

EU size		34	36	38	40	42	44	46	48
INTL size		XS	S	M	L	XL	XXL	3XL	4XL
(A) Bust	cm	72	76	80	84	88	92	96	102
	in	28⅓	30	31½	33	34⅔	36	38	40
(B) Waist	cm	61	65	69	73	77	81	85	91
	in	24	25⅔	27.2	28⅔	30⅓	32	33½	35¾