

OVALI MEN'S RUGBY POLO SHIRT

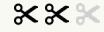
SIZE RANGE

Men's XS/3XL

DIFFICULTY

●●○

FABRIC COST



ON SOCIAL

#OVALIRUGBYSHIRT



TABLE OF CONTENTS

FIT	1
SEWING NOTIONS	1
FABRIC RECOMMENDATIONS	1
SEWING TUTORIAL	1
FABRIC COST	1
CUTTING PLAN	2
OTHER SUPPLIES	2
SIZE CHART	3
GARMENT MEASUREMENTS	3
PDF SEWING PATTERNS 101	4
HOW TO PRINT PATTERN	4
ASSEMBLING PATTERN	5

NAME	SIZE RANGE	DIFFICULTY	ON SOCIAL
OVALI RUGBY POLO SHIRT	Men's XS/3XL	●●○	#OVALIRUGBYSHIRT

FIT

- Slim fit (no drop shoulders)
- Hidden button placket
- Panelled
- Straight bodice, ribbed cuffs

SEWING NOTIONS

- Buttonholes
- Finishing edges
- Topstitching
- Sticking interfacing

FABRIC RECOMMENDATIONS

- Main fabric with or without stretch (not compulsory but can be comfier since slim fit): sweatshirt fabric, interlock jersey, midweight to heavy t-shirt knit, fleece.
- Button placket: light to midweight gabardine with synthetic fibers so this part doesn't wrinkle after each wash.
- For the cuffs: ribbing with elastan, striped or smooth.



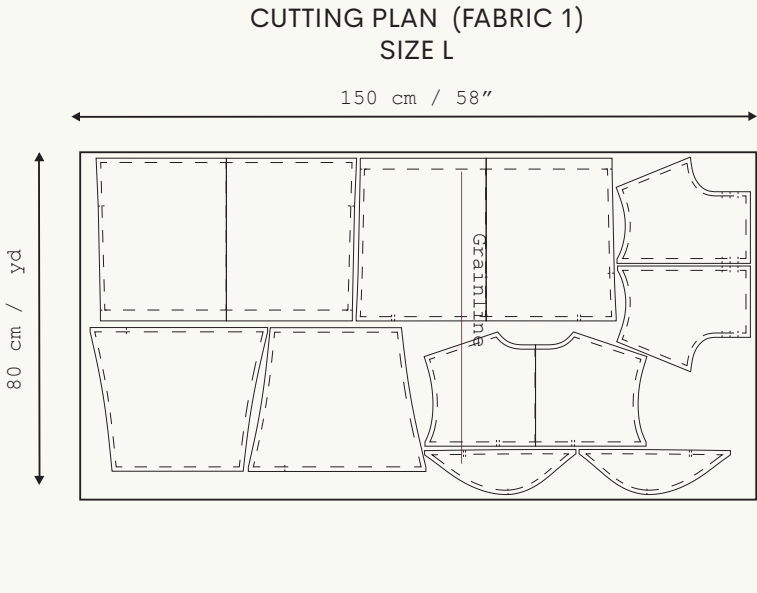
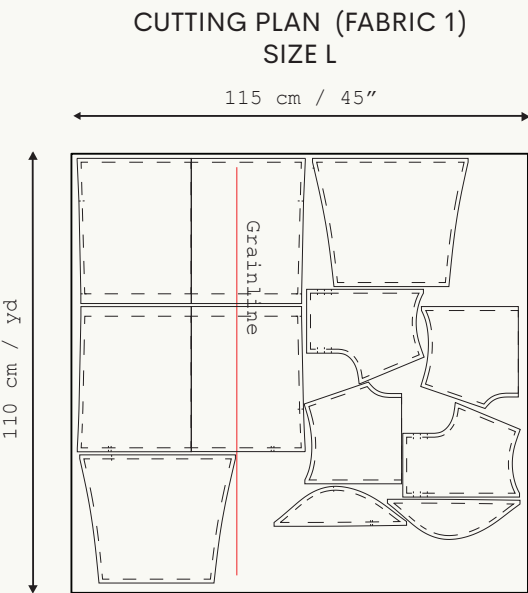
SEWING TUTORIAL



Copy paste the link to watch the video tutorial:
https://youtu.be/7iM3_hYM7cU

FABRIC COST

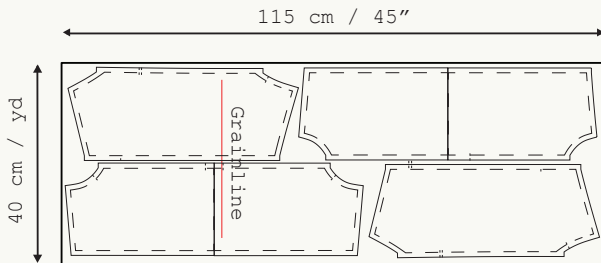
FABRIC 1: Main fabric								
	Width	XS	S	M	L	XL	2XL	3XL
CENTIMETERS	115 cm	95	100		102	115	140	
	150 cm	70		75		105		110
YARDS	45"	37½	40		40.2	45½	55.2	
	60"	27⅔		30		41½		43⅓



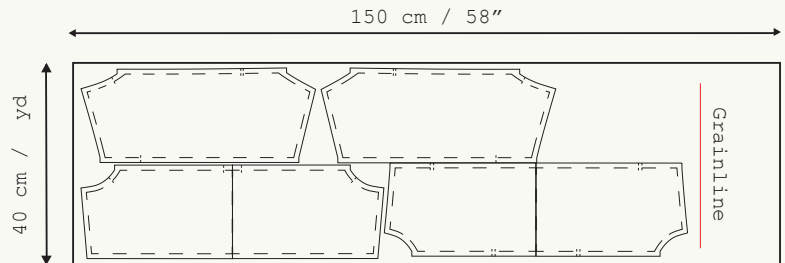
FABRIC 2: Secondary fabric (central block)

	Width	XS	S	M	L	XL	2XL	3XL
CENTIMETERS	115 cm	85		90		100		
	150 cm	50					71	72
YARDS	45"	33½		35½		39½		
	60"	19¾					28	28½

CUTTING PLAN (FABRIC 2) SIZE L



CUTTING PLAN (FABRIC 2) SIZE L



OTHERS SUPPLIES

		XS	S	M	L	XL	2XL	3XL
Buttons 9 mm		x3						
Gabardine & interfacing for button packet	CM	H20xW28	H20xW29	H20xW30	H20xW31	H20xW32	H20xW33	H20xW34
	IN	H8xW11	H8xW11	H8xW12	H8xW12	H8xW13	H8xW13	H8xW13
Ribbing	CM	35 cm long x 16 cm high						
	IN	14 in long x 4 in high						

SIZE CHART (MEN)

MEN INTL size	XS		S		M		L		XL		XXL		3XL	
MEN US	30R	32R	34R	36R	38R	40R	42R	44R	46R	48R	50R	52R	54R	56R
MEN EUR	40	42	44	46	48	50	52	54	56	58	60	62	64	66

Please no matter your "usual size", always take your measurements and pick the size corresponding to them. Indeed, the measurements composing each size differ depending on the brands and on regional standards.

Chest	cm	78-82	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118	118-122	122-126	126-130	130-134
	in	30¾-32¾	32¼-33¾	33¾-35½	35½-37	37-38½	38½-40¼	40¼-41¾	41¾-43¾	43¾-44¾	44¾-46½	46½-48	48-49½	49½-51¼	51¼-52¾
Waist	cm	66-70	70-74	74-78	78-82	82-86	86-90	90-94	94-99	99-103	103-108	108-112	112-117	117-121	121-126
	in	26-27½	27½-29¼	29¼-30¾	30¾-32¼	32¼-33¾	33¾-35½	35½-37	37-38¾	38¾-40½	40½-42¼	42¼-44	44-45¾	45¾-47½	47½-49½
Arm-length	cm	62			63		64		65		65.5		66		
	in	24¼	24½			24¾		25		25½		25¾		26	

GARMENT MEASUREMENTS



MEN INTL size		XS	S	M	L	XL	XXL	3XL
(A) Chest	cm	94	104	110	118	126	134	142
	in	37	41	43½	46½	49½	52¾	56
(B) Waist	cm	88	96	104	112	120	128	136
	in	35	38	41	44	47	50½	55½
(C) Lower edge	cm	86	94	102	110	118	126	134
	in	33¾	37	40	43½	46½	49½	52¾
(D) Length	cm	58	60	62	64	66	68	70
	in	22¾	23¾	24½	25	26	26¾	27½

PDF SEWING PATTERNS 101

Click the image to watch this video where I answer the most frequent questions I receive from you guys.

<https://youtu.be/040uggUOgME>

- How to download my pattern?
 - How to print correctly?
 - What's A0/A4/letter?
 - How to assemble the pattern pages?
 - How to correctly pick my size?
- And other treats...



HOW TO PRINT PATTERNS?

1. SOFTWARE RECOMMENDATION

The patterns provided contains layers, so you can select the sizes of your choices. In order to do that, I recommend to install the software Adobe Reader for free <https://get.adobe.com/fr/reader/>.

2. A0 OR A4

You get two files formats:

- A0: You will need a professional large-format printer, can be available from a print shop (local or online).
- A4: to print at home, on desktop printers.

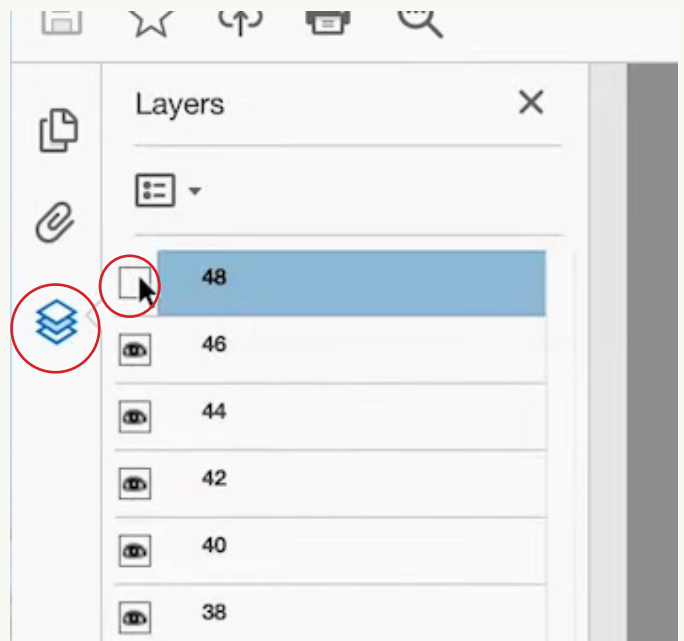
3. REMINDER

Before printing the whole pattern in A4, print the first page to check the scale by measuring the checkbox.

4. USE THE LAYERS TO PRINT ONLY YOUR SIZE

Before printing, don't forget to pick your size based on your measurements, using the measurement chart provided in this file.

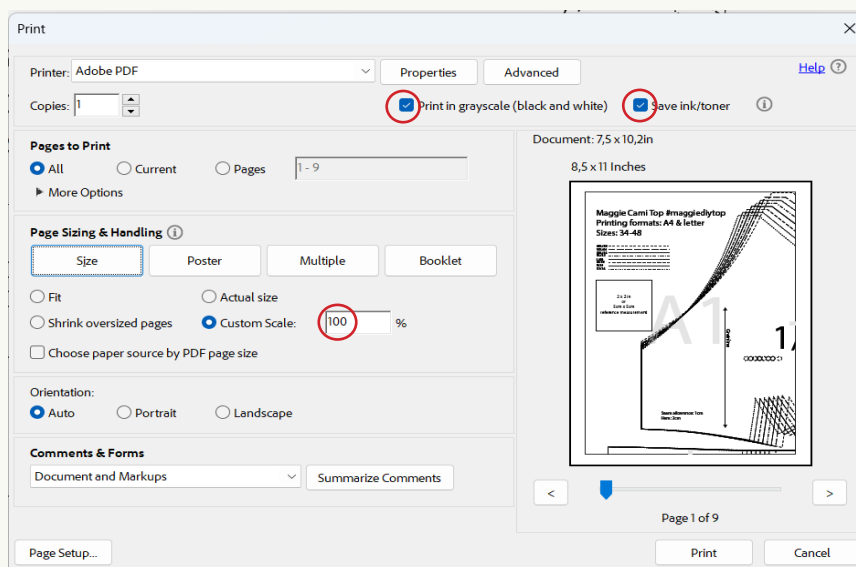
1. Open the file in Acrobat Reader
2. On the left, to open the layer panel, click on the layer icon 
3. To hide the sizes you don't want to print, uncheck the layers = size boxes



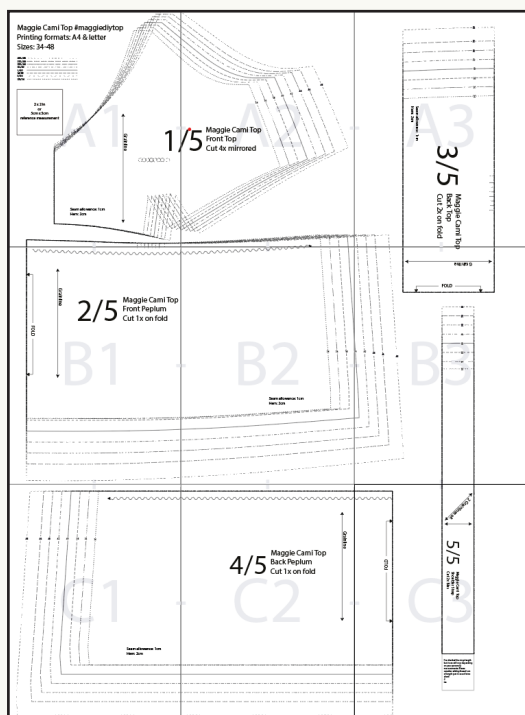
5. PRINTING SETTINGS

In the printing window, look out for these options:

- Print in black and white
- In draft (mode to save ink)
- Scale to 100%
- Do not print double-sided
- Print!



HOW TO ASSEMBLE PATTERNS?



1. Cut margins

2. Stick pages in order:

Each page contains a letter and a number (in the background, in grey). Stick all A pages on the same row, in numerical order. Below, stick the B pages, then the Cs, etc. In the end, the rows should bear the same letters, the columns should bear the same numbers.

3. Cut your size